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Toil in Quarantine



Today when the whole world is fighting from the pandemic Covid-19 just take care of yourself and your family. I would like to suggest some beneficial works that you can do during this quarantine. 1. Meditate daily to focus your mind. 2. Utilize this time and work for your personality development. 3. Watch shows like TEDx Talk and Josh talk .At last I would like to Quote "Opportunities to find deeper power within ourselves comes when life seems most challenging"

-Ganesh Sankar Tripathi
School Captain

With a global pandemic outbreak, natural disasters, and a mass exodus in the nation, it is 2012 minus the asteroids. Residing in a rather remote isolated area, quarantine hasn't changed much for me, except the panic surge on news, and with the motivation for (already) staying home, I feel like a superhero, pajamas being my ensemble. Not being the social media junkie, I've been using this time to develop new leisure pursuits (for eg. Binary code poetry !!) try a hand at the kitchen, binge watch sci-fi series, explore artists, escalate from aviation articles to conspiracy theories (yikes) and general contemplating. I hope you all are being productive while staying entertained and indoors! May the force and the internet be with you.

-Shristi Singh
Head Girl



During this period, With the word quarantine we think of all the restrictions imposed on us. But, we should take this period as an opportunity, to polish our skills, work towards our goal and develop our personality In this state of time, I keep myself busy by watching movies of historical importance and web series, learning German on Duolingo, and studying my academic stuff as well. I had also joined some of the online courses and take delight in reading novels in my leisure time. Therefore, I urge everyone reading this, to utilize this precious time in some productive work to get the advantage after the quarantine. Don't sit ideal , do something productive! . At last Stay home ! Stay Safe!!

-Saumay Jaiswal
Academics Captain



LockDown

To those who live to explore,
We know how you suffer.
This lockdown has been a pain,
A pain you can't quite ignore.
But hang on in there,
Our brave explorer.
For the day will come when we would be set free.

To those who protect us,
We thank you deeply.
For what you have done for us is a great risk,
A mighty sacrifice.
In order to honour you,
We shall make a pledge.
We pledge to remain indoors
To remain safe
To remain quarantined.
For the day will come,
When we would be once again set free.

Hugs and handshakes,
Smiles and kisses.
Horns of the cars
And the children's laughter.
All these are gravely missed.
Hang on in there!
Just a little more,
And before you know it.
We will be back to life's normality.

This virus has instilled in us a fear,
Like a canary may fear a cat.
But don't fret, my dear.
For we shall destroy it.
Banish it.
We shall protect our loved ones and in doing so protect the world.

For one day,
The time will come.

There will be hugs and handshakes.
There will be smiles and kisses.
We shall hear the horns.
And of course,
The laughter shall once again ring in our ears
-Raina Bhatia

Planet Earth is Dying

The year is 2070 now and our earth is dying. Students of grade 6 participated in a activity where they were given a ship which would take them to new life sustaining planet considering it is 2070 and the planet earth is dying. A part of this science activity asked them to write the names of three people from the SelaQui community they would want to take along with them.

- Mr. Sahil Bharadwaj

Dear Sequins,
In a move that would have been unthinkable just months ago, quarantine and social distancing have now become commonplace globally as governments make concerted efforts to fight the spiraling coronavirus outbreak. This has brought a drastic change in everyone's life. It is as if the whole world has stopped and there you are safe and sound lying on your couch. I feel this is the time to show your creativity not on your couch, but your home desk. This is the perfect period for each one of us to become the best version of ourselves, a time not only to develop your forte but expand your horizon of skills.

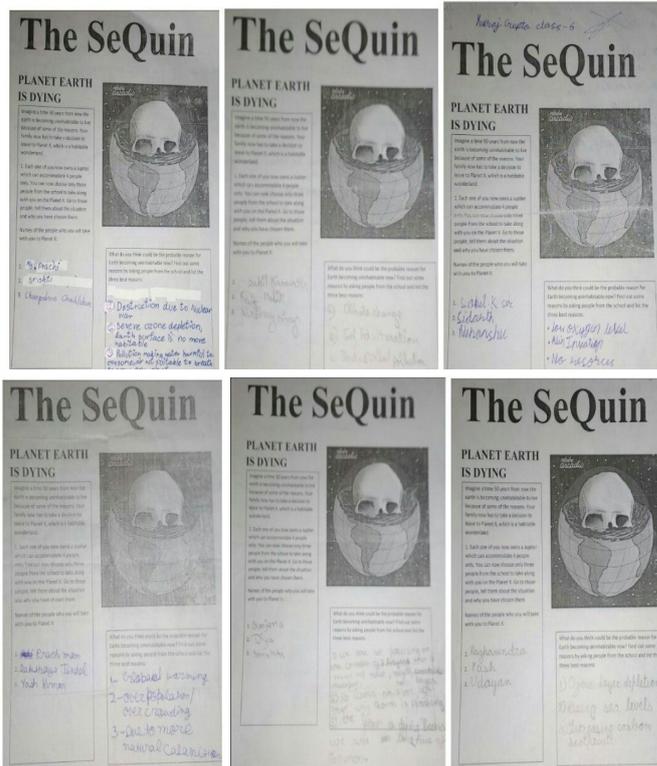
Talking about myself, apart from being with my family, I usually spend my time reading novels and doing some workout. This way you remain physically as well as mentally fit. Alongside spending time with your best mate which unfortunately is your Mobile Phone these days, I urge each one of you to spend quality time with your family and then you'll realize the beauty outside the ONLINE world. This is the best time to make decisions about your future and set your career goals. I hope once this period ends, everyone comes out with a fit body, a pure heart and a mind this is filled with energy and enthusiasm.
May God bless us and protect us.

-Daksh Seth
Sports Captain

Today, the whole world is fighting with a pandemic and the government just asked you all to co-operate with them and stay in your home. I suggest, that even in this bad time spread positivity. Don't believe in rumors around you. During this quarantine you can spend some quality time with your family. Help your mom in the kitchen and most importantly learn to survive in such kind of situations where you might not have all the luxuries.

"Happiness can be find even in the darkest days, if one remembers to turn on the light"

-Ishaan Dwivedi



Sports and Covid

The only time in the history of the Stanley Cup that the trophy wasn't awarded, was the year 1919. Played in Seattle, the series was hosted by the Pacific Coast Hockey Association (PCHA) champion Seattle Metropolitans against the reigning National Hockey League (NHL) champion Montreal Canadiens.

The players had battled through five games but the last of these fixtures had seen Canadiens defender, Joe Hall collapse dramatically on the ice. Leading up to the final game on April 1, Hall's teammates, Lalonde, Coutu, Berlinguette, and McDonald as well as their manager, George Kennedy were all reportedly hospitalized and with around five and a half hours before the decisive sixth game, the series was called off and the Stanley Cup was left without a champion for the last time before the 2004-05 lockout.

Hall, a three-time Stanley Cup winner succumbed to the Spanish Flu in the Columbus Sanatorium on April 5, aged 37 and while his co-players and the coach survived, the gloom engulfing the sporting calendar was unmissable.

Perhaps the worst pandemic to hit the world after the Black Plague, the Flu affected approximately 500 million people, which would be around one-third of the world's population at the time and resulted in almost 50 million deaths. The sporting world, as one would expect should have been brought to a standstill. But did it?



The aforementioned case from the Stanley Cup aside should have been alarming for administrators across the globe, but to revive the masses from the gloom of the first world war, notable sporting events were allowed to go on.

The British parliament, for starters never actually canceled football for the pandemic, nor did it limit crowds. London based, Chelsea Football Club played to more than 20,000 spectators at their home ground, the Stamford Bridge.

As they mention on their official website, several of its players were infected but recovered. Women's football in England went on uninterrupted too, with many teams stepping into the gap left by the absence of the league and cup. The Dick, Kerr Ladies team, the most popular outfit from that era kept competing throughout the years of the pandemic, unsurprisingly, often to large crowds.

Spain, FC Barcelona founder Joan Gamper spearheaded the fight to allow football to carry on. He lobbied hard to start the Catalan Championship in October 1918, despite the Spanish Football Federation calling the sport off, for the year. Popular Spanish daily, Marca reported that Gamper led a commission that convinced the Spanish Health Ministry to permit the sport of football to proceed, just as athletics and tennis were allowed to.

Elsewhere, the World Heavyweight Boxing Championship bout between Jack Dempsey and Battling Levinsky was only postponed for a month. It is believed, the government of Philadelphia was put under a lot of pressure to remove restrictions on crowds in the state and let the sport ensue despite the pandemic.

In smaller local events too, social isolation guidelines were openly flouted by sporting bodies. A prominent and alarming instance from November 1918 sup-

ports that assumption. The bowlers of St. Paul drew up a petition that requested permission to begin bowling again.

Around the same time, American-football teams from Minneapolis chose to ignore the ban and staged games against each other in front of sizeable crowds. And when the Police were called in to disperse the crowds and halt the games, they resorted to playing friendlies with teams from nearby states to keep themselves entertained.

Jesse Hoagg, in the 1997 work, "The Influenza Virus Unveiled" recalls another instance, circa 1918 when four women were playing bridge together late into the night and by dawn, three of them had died because of the Spanish Flu.

The threat was real, and it's alarming in hindsight, how casually, the sporting world responded to it. One doesn't need to wait, for a high profile fatality, like that of Joe Hall to happen for us to take notice of the threat.

Thankfully, a hundred years later, we have been more sensible – and while the global sporting lockdown can be frustrating for the time being, we are bound to evolve stronger and hopefully without any casualties out of this.

Mr. Devvrat Badoni

Covid Vocabulary

COVIDENT

An individual who follows safety measures given by the government about the coronavirus.

For Example: Staying home during the lockdown, avoiding group meetings, taking care of personal hygiene, etc.

COVIDIOT

An individual who disregards health and safety guidelines about the novel coronavirus.

For Example: Not washing your hands regularly, stubbornly ignoring social distancing, hoarding items like toilet paper and hand sanitizer, etc.

PREPPER

One who prepares for possible dangers such as natural disasters, societal collapse, or pandemic by making sure the stability of one's financial situation isn't affected.

ZOOM-BOMBING

When uninvited guests to a virtual meeting disrupt it with various obscene, violent, or offensive images or words.

CORONA-COPIA

Increase in the number of people and places from where Coronavirus can be contracted.

For Example: Handshakes, door handles, sneezing, etc.

CORONIC

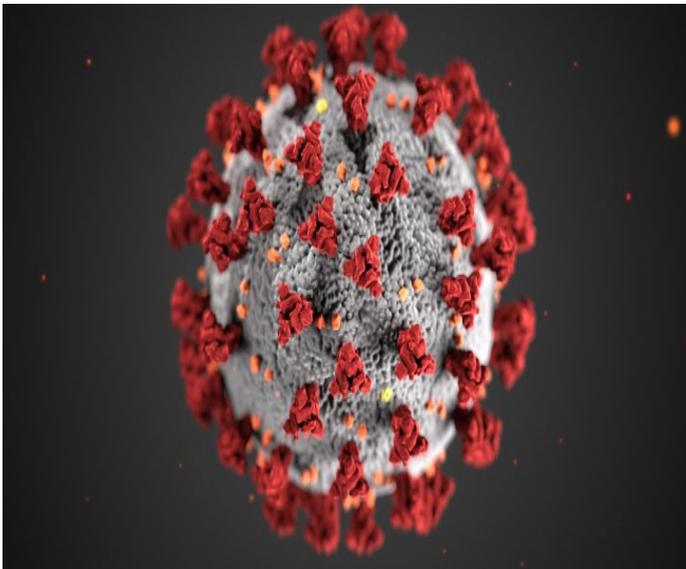
Someone who has been infected with the novel coronavirus.

CORONA-PHOBIA

The term describes the fear of contracting the coronavirus as the infection has been rapidly spreading across the world.

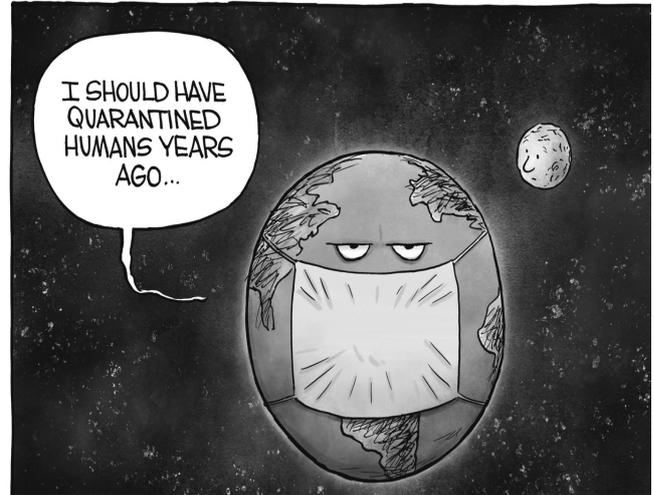
CORONA-POCALYPSE

End of the world due to surge in coronavirus spread.



Let's Heal Once

More



It might seem a dark time
We are all in our houses
Even poems don't rhyme
Lost are also all the proses
But let's look at the bright side
The earth is breathing again
The animals are out in the wild
Just because humans refrain
We are refraining from pollution
The canals are still
We are refraining our consumption
Their are no human bills
No bills that nature has to pay
No bills that the birds must bear
The trees are already singing
The air is clear and fair
So let's rethink the way we live
Let's rethink how we hurt
Mother nature has given a high five
Let's not go back and make it a first
Even when the doors open
And even when we are out
Let nature love us
Let us love her back, even when corona is not around
-Advika Banerjee

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